

We believe that Emotional Intelligence (EQ) and positive Character traits go hand in hand.

A person may have money, position or power, but unless he has "good" character he or she is not considered to be truly successful.

To promote real success, Character and Emotional intelligence (EQ) training provides a unique avenue for investing in children, families, business and relationships. It is the goal of Hope For Youth to bring together positive Character Traits and EQ training to promote a well balanced individual that will find true success.

It has been said that positive CHARACTER is the foundation for all true success.

Good character qualities or the lack thereof, determines success or failure. We do not often think of character as having such a direct effect on our successes or failures. Some may even argue the point referring to rich and powerful people who are considered successful. In careful examination of their lives, does this also refer to their relationships at home and in the business world as well? We recognize the truth; that while everyone has "character," we distinguish between "good" and "bad" character.

Our character is who we are even when no one is watching.

One dictionary defines character, in the sense we are considering here, as "the complex of mental and ethical traits marking a person." In another dictionary, character is said to be "the stable and distinctive qualities built into an individual's life which determine his or her response regardless of circumstances." Good character is doing the right thing just because it is the right thing to do.

Character transcends race, religion, education, position, age, gender, and personality.

One can not have strong moral convictions without strong character and a person of character will have strong morals. Discipline is a process of training and learning that fosters moral development. One step in character training is to put responsibility on the individual. Years of pampering, organized activities and "feel-good" approaches in which participants do not have to take personal responsibility have made positive character growth extremely difficult to attain.

Breaking character down into its basic elements helps focus on building those qualities into our lives.

If you and I were to make a list of "character qualities," our list would probably include such words as love, gratefulness, honesty, integrity, dependability, loyalty, enthusiasm, etc. The list of character qualities that we like to use is the list identified by several different organizations. The Character Training list breaks "character" down into forty-nine specific, definite, character qualities that we can focus on in order to build character into our lives as well as our children. By simplifying character instruction and training in this way, the process becomes much less intimidating and we are more able to consistently help our children grow.

Character development is essential to the ongoing success of your society.

With the use of this system, we have found that our children have responded with consistent

improvements in behavior and character development and with stable performance over the long haul. Getting the right professional development in character education is the key to achieving meaningful change in your home, school or organization. The social influence of family and school affect the earliest character and personality development of their members, who in turn continue the learned patterns.

The family is the hub around which Hope for Youth revolves.

Character training in each sector exists to reinforce character in the family. Teaching and reinforcing one trait a week results in a year's worth of character training within your own home. This provides a unique avenue for investing in the future of your family and their relationships with others. Personal benefits include rewards for your family by strengthening the bonds of love and respect within the family. In wanting to do better than the authoritarian, controlling, strong, silent parent style, the permissive parent, or the over the top reactionary parent, through character training parents are given a variety of options to work with as well as praise.

Emotional Intelligence (EQ) is the foundational competency every leader needs to grow.

Emotional Intelligence (EQ) is used by 75% of the Fortune 500 to boost EQ and their bottom line. Emotional Intelligence is increasingly relevant to organizational development and developing people, because the EQ principles provide a new way to understand and assess people's behaviors, management styles, attitudes, interpersonal skills, and potential. Emotional Intelligence is an important consideration in human resources planning, job profiling, recruitment interviewing and selection, management development, customer relations and customer service, and more.

It has proven a better predictor of future success than traditional methods like the GPA, IQ, and standardized test scores.

Emotional Intelligence links strongly with concepts of love and spirituality: bringing compassion and humanity to work, and also illustrates and measures the range of capabilities people possess, and the fact that everybody has a value. The most effective way to enhance your EQ is to learn from someone who has walked your path, over an extended period of time, in an emotionally safe environment.

Emotional intelligence (EQ) is a different type of intelligence that consists of four core abilities:

- The ability to recognize your emotions, understand what they're telling you, how they affect your thoughts and behaviors.
- An awareness of your actions and feelings – and how they affect those around you.
- Self-confidence
- An ability, capacity, or skill to perceive, assess, and manage the emotions of one's self, of others, and of groups.

Self-awareness — the ability to recognize your own emotions and know your strengths and weaknesses; and have self-confidence

Emotional intelligence consists of five key skills, each building on the last:

- Reduce stress rapidly and reliably.

- Connect to your emotions and feel comfortable with them.
- Understand and effectively use nonverbal communication.
- Use humor and play to deal with challenges.
- Resolve conflicts with confidence and self-assurance.

Our Emotional Intelligence and Character building program has two basic components: (a) character training curriculum for children and/or adults (b) seminars training for adults to help them use the curriculum effectively.

The development of strong positive character traits gives an individual a foundation of relational qualities to draw from in life's situations and relationships, thereby strengthened in their EQ factor.

The aim of character training is to develop personal characteristics and interpersonal skills, which motivate responsible moral judgments and behaviors conducive to the common good of the family, schools, workplace, community and its members, (EQ).

Character training along these lines in youth will result in men and women of broader sympathies; more law-abiding and in every respect more valuable citizens.

Character training is essential for lasting success.